



E- safety guidelines

How the web can help

The web and digital technology can support developmental play and learning in many ways – from fun games that teach numbers and letters, to helping build social skills at an early age.

Things to watch out for

Because of the way the web works, your child could be only a couple of clicks away from stuff you don't want them to see, like pornography or violence.

What you can do to keep your child safe.

- **Switch off WiFi**

If your child's playing with your phone or tablet, you can switch off mobile data and the WiFi connection to make sure they don't come across anything dodgy.

- **Whitelist**

Setting up a whitelist of safe sites can be a great way to introduce your kids to the web.

- **Parental controls**

Parental controls can help you manage what your kids see online by blocking websites and apps you think are unsuitable for your child.

- **Talk**

Make sure the people who care for your kids have the same safeguards in place that you do.

Remember, you know your child better than anyone, so choose what works for you.

Below is a link to a web site that gives you further information and ideas to support safe use of the internet for older children.

<https://www.internetmatters.org/advice/0-5/resources/>

