

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Carrot, bread sticks, and houmous	Fruit loaf, apple and banana	Bagels and cucumber	Crackers, cheese spread and grapes	Rice cakes, cheese spread, and apples
Lunch	<p>Sausages in onion gravy Vegan sausages</p> <p>West country cheddar mash Sauté potatoes</p> <p>Sweetcorn Cake</p>	<p>Tuna pasta bake Broccoli and cauliflower pasta Allergen-Free Provençale Vegetable Bake</p> <p>Carrots</p> <p>Frozen mixed fruit with yoghurt</p>	<p>Vegetarian cottage pie Cheesy garlic chicken Allergn free roast beef</p> <p>Sauté potatoes</p> <p>Mixed vegetables</p> <p>Bananas and custard</p>	<p>Chicken curry Cauliflower, Spinach & Lentil Curry</p> <p>White rice</p> <p>Cut green beans</p> <p>Vanilla ice cream</p>	<p>Fish Goujons</p> <p>West country cheddar mash sauté potatoes</p> <p>Baked beans</p> <p>Fresh fruit</p>
Tea	<p>Bagels with cream cheese</p> <p>Grapes</p>	<p>Pitta pockets with cheese ham or chicken</p> <p>Melon</p>	<p>Chicken or ham and cheese wraps</p> <p>Apples and melon</p>	<p>Soup and bread</p> <p>Satsumas</p>	<p>Muffin pizzas</p> <p>Fruit and natural yoghurt</p>

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Scones, grapes and bananas	Crackers with cheese spread, and cucumber	Pancakes, satsumas and grapes.	Rice cakes, cream cheese and grapes	Breadsticks, apples and grated cheese
Lunch	Vegetable lasagne Macaroni Cheese Allergen free roast beef Chips x6 Mixed vegetables Ice cream	Pork meatballs in tomato sauce Cheese & Potato Bake Pasta Sweetcorn Bananas and custard	Chicken curry Cauliflower, Spinach & Lentil Curry Chicken Goujons White rice Peas Frozen fruit and yoghurt	Sliced chicken in gravy Plant based shepherd's pie allergen free chicken bacon and thyme hot pot Roast potatoes Mixed vegetables Cake	Chicken goujons Cheddar mashed potatoes croquette potatoes Baked beans Fresh fruit
Tea	Pitta pockets with ham chicken or cheese Melon	Soup and bread Cake	Muffin Pizzas Bananas and custard	Bagels with butter or cream cheese Fruit and yoghurt	Wraps with ham, chicken or cheese Fresh fruit

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Rice cakes, cheese spread and cucumber	Carrot, bread sticks and hummous.	Scones and melon	Fruit loaf, bananas and apples	Crackers with cheese spread, apples.
Lunch	Sausage in Onion Gravy Vegan sausages West country cheddar mash Sauté potatoes Sweetcorn Cake	Beef Bolognaise with Pasta Corned beef hash Vegetable medley Frozen fruit and yoghurt	Chicken curry Cauliflower, Spinach & Lentil Curry White rice Peas Stewed apple and custard	Vegetarian Cottage Pie Sauté potatoes Allergen-Free Roast Beef in Gravy Mixed vegetables Vanilla Ice cream Allergen Free Chicken Bacon & Thyme Hotpot	Fish Cakes Cheddar mashed Potato sauté potatoes Baked beans Bananas and Custard
Tea	Cheese/tuna mayo sandwiches Melon	Beans on toast Cake	Pitta pockets with ham chicken or cheese Satsumas	Wraps with ham, chicken or cheese Grapes and yoghurt	Bagels with butter/cream cheese Fresh fruit