

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Carrot, bread sticks, and houmous	Fruit loaf, apple and banana	Bagels and cucumber	Crackers, cheese spread and grapes	Rice cakes, cheese spread, and apples
Lunch	Sausages in onion gravy Vegan sausages West country cheddar mash Sauté potatoes Sweetcorn Cake	Tuna pasta bake Allergen-Free Provençale Vegetable Bake Penne tomato & basil pasta Carrots Frozen mixed fruit with yoghurt	Vegetarian cottage pie Allergn free roast beef Sauté potatoes Mixed vegetables Bananas and custard	Chicken curry Cauliflower, Spinach & Lentil Curry White rice Cut green beans Vanilla ice cream	Fish Goujons West country cheddar mash sauté potatoes Allergn free cottage pie Baked beans Fresh fruit
Tea	Bagels with cream cheese Grapes	Pitta pockets with cheese ham or chicken Melon	Chicken or ham and cheese wraps Apples and melon	Soup and bread Satsumas	Muffin pizzas Fruit and natural yoghurt

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Scones, grapes and bananas	Crackers with cheese spread, and cucumber	Pancakes, satsumas and grapes.	Rice cakes, cream cheese and grapes	Breadsticks, apples and grated cheese
Lunch	Vegetable lasagne Allergen free roast beef Tomato & basil pasta Chips x6 Mixed vegetables Ice cream	Pork meatballs in tomato sauce Cheese & Potato Bake Allergen free cottage pie Pasta Sweetcorn Bananas and custard	Chicken curry Cauliflower, Spinach & Lentil Curry Allergen free Roast Beef White rice Peas Frozen fruit and yoghurt	Sliced chicken in gravy Plant based shepherd's pie allergen free chicken bacon and thyme hot pot Roast potatoes x6 Mixed vegetables Cake	Chicken goujons Cheddar mashed potatoes Saute potatoes Allergen free chicken in gravy Baked beans Fresh fruit
Tea	Pitta pockets with ham chicken or cheese Melon	Soup and bread Cake	Muffin Pizzas Bananas and custard	Bagels with butter or cream cheese Fruit and yoghurt	Wraps with ham, chicken or cheese Fresh fruit

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Rice cakes, cheese spread and cucumber	Carrot, bread sticks and hummous.	Scones and melon	Fruit loaf, bananas and apples	Crackers with cheese spread, apples.
Lunch	<p>Sausage in Onion Gravy Vegan sausages</p> <p>West country cheddar mash</p> <p>Sauté potatoes</p> <p>Sweetcorn</p> <p>Cake</p>	<p>Beef Bolognaise with Pasta</p> <p>Allergn free vegetable bake</p> <p>Vegetable medley</p> <p>Frozen fruit and yoghurt</p>	<p>Chicken curry Allergn free butterbean and cauliflower curry</p> <p>White rice</p> <p>Peas</p> <p>Stewed apple and custard</p>	<p>Vegetarian Cottage Pie</p> <p>Sauté potatoes Allergen-Free Roast Beef in Gravy</p> <p>Mixed vegetables</p> <p>Vanilla Ice cream</p> <p>Allergen Free Chicken Bacon & Thyme Hotpot</p>	<p>Fish Cakes</p> <p>Cheddar mashed Potato sauté potatoes</p> <p>Baked beans</p> <p>Bananas and Custard</p>
Tea	<p>Cheese/tuna mayo sandwiches</p> <p>Melon</p>	<p>Beans on toast</p> <p>Cake</p>	<p>Pitta pockets with ham chicken or cheese</p> <p>Satsumas</p>	<p>Wraps with ham, chicken or cheese</p> <p>Grapes and yoghurt</p>	<p>Bagels with butter/cream cheese</p> <p>Fresh fruit</p>