

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Carrot, bread sticks, and hummous	Fruit loaf, apple and banana	Bagels and cucumber	Crackers, cheese spread and grapes	Rice cakes, cheese spread, and apples
Lunch	<p>Sausages in onion gravy/Vegetarian hotpot</p> <p>West country cheddar mash/ Sauté potatoes</p> <p>Sweetcorn</p> <p>Cake</p>	<p>Tuna pasta bake/penne pasta with tomato and basil</p> <p>Carrots</p> <p>Frozen mixed fruit with yoghurt</p>	<p>Vegetarian cottage pie /Beef hotpot</p> <p>Sauté potatoes</p> <p>Mixed vegetables</p> <p>Bananas and custard</p>	<p>Chicken curry/Butterbean & cauliflower curry</p> <p>White rice</p> <p>Cut green beans</p> <p>Vanilla ice cream</p>	<p>Fish Goujons/Potatoes, cheese and leak bake.</p> <p>West country cheddar mash/ sauté potatoes</p> <p>Baked beans</p> <p>Fresh fruit</p>
Tea	<p>Bagels with cream cheese</p> <p>Grapes</p>	<p>Pitta pockets with cheese ham or chicken</p> <p>Melon</p>	<p>Chicken or ham and cheese wraps</p> <p>Apples and melon</p>	<p>Soup and bread</p> <p>Satsumas</p>	<p>Muffin pizzas</p> <p>Fruit and natural yoghurt</p>

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Scones, grapes and bananas	Crackers with cheese spread, and cucumber	Pancakes, satsumas and grapes.	Rice cakes, cream cheese and grapes	Breadsticks, apples and grated cheese
Lunch	Vegetable lasagne/ Beef bolognese/vegetable gratin Potato Wedges Mixed vegetables Ice cream	Pork meatballs in tomato sauce/ Cauliflower & broccoli pasta Pasta Sweetcorn Bananas and custard	Chicken curry / Cauliflower, spinach and lentil curry White rice Peas Frozen fruit and yoghurt	Sliced chicken in gravy Plant based shepherd's pie Roast potatoes Mixed vegetables Cake	Chicken goujons/ Vegetable baked pie. Cheddar mashed potatoes/ croquette potatoes Baked beans Fresh fruit
Tea	Pitta pockets with ham chicken or cheese Melon	Soup and bread Cake	Muffin Pizzas Bananas and custard	Bagels with butter or cream cheese Fruit and yoghurt	Wraps with ham, chicken or cheese Fresh fruit

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Break	Rice cakes, cheese spread and cucumber	Carrot, bread sticks and hummous.	Scones and melon	Fruit loaf, bananas and apples	Crackers with cheese spread, apples.
Lunch	Beef bolognaise with pasta/ cheese potatoe bake Sweetcorn Cake	Sausages in onion gravy/ Vegetarian Cottage Pie West country cheddar mash/ Saute potatoes Vegetable medley Frozen fruit and yoghurt	Chicken curry/ butterbean and cauliflower curry White rice Peas Stewed apple and custard	Vegetarian hot pot Sauté potatoes Mixed vegetables Vanilla Ice cream	Fish goujons/ Vegetarian gratin Cheddar mashed Potato/ sauté potatoes Baked beans Bananas and Custard
Tea	Cheese/tuna mayo sandwiches Melon	Beans on toast Cake	Pitta pockets with ham chicken or cheese Satsumas	Wraps with ham, chicken or cheese Grapes and yoghurt	Bagels with butter/cream cheese Fresh fruit